

Welcome to the Ultimate Research Day Challenge 2022 (16 August 2022 till 18 August 2022)

How well do you know study designs? Put your detective skills to the test and contribute to evidence generation.

This 72-hour challenge is open to everyone, RUMC students, MInTFM trainees, RUMC staff and healthcare workers from Ministry of Health, Penang. It is FREE but registration for a Cochrane Account is required. This registration is also FREE.

- **What is the Ultimate Research Day Challenge?**

It is a 72-hour challenge among **individual participants** to see who can screen the most number of abstracts to identify randomized controlled trials, using a platform known as Cochrane Crowd. Challenge Day is from 16 August 2022 (0000hrs) till 18 August 2022 (2359hrs)

- **How does it work?**

Cochrane Crowd aims to use everyday people to help identify and describe the research that may be very important in helping Cochrane to determine whether a treatment works, or whether a diagnostic test is accurate.



The banner features the Cochrane Crowd logo on the left with the tagline "Trusted evidence. Informed decisions. Better health." On the right, there are buttons for "Login" and "Sign up", and a social media link "Follow @cochrane_crowd". The main text reads "You can make a difference!" followed by "Become a Cochrane citizen scientist. Anyone can join our collaborative volunteer effort to help categorise and summarise healthcare evidence so that we can make better healthcare decisions." A central button says "Give it a try". At the bottom, three statistics are displayed: 7755 Contributors, 118 Countries, and 1564782 Classifications.

- **What do I have to do?**

Your job is to read an abstract and decide whether it describes a randomized controlled trial. There are questions that would help you to decide. When you have made the decision, just click the answer. There is no right or wrong answer. After you have done one, move on to the next abstract and do the same. You may continue to go through as many or as little abstracts as you wish in one sitting and come back again when you are free.

For more details on Cochrane Crowd watch this: <https://www.youtube.com/watch?v=iD6IE8GvnOA> or visit <http://crowd.cochrane.org/index.html>

- **Does my work matter?**

Yes it does! Read on for what others say about Cochrane Crowd:

Be a part of a thriving community that is passionate about improving health



“ I hope to be able to contribute as much as I can in college and in my life after graduation, but I'd like to do something now. When I saw that I can work directly with Cochrane I was really excited.
- *Joshua Maleitzke, Biochemistry student*



“ It feels good to be useful, because Cochrane is a prestigious organisation and also because it helps us stay involved with medical research.
- *Dr Shireen Rafeeq, Public Health Specialist*



“ Something useful you can do if you have just a few minutes. I like to be part of the team and getting feedback on my decisions.
- *Liz Doney, Information Specialist*



“ I like that I can make a small contribution to Cochrane from my own home, on my own schedule.
- *Iva Cheung, Editor and health researcher*

Back to the Ultimate Research Day Challenge 2022.....

How to participate (here's a step by step)

Step 1: Register for a Cochrane Account (<https://www.cochrane.org/join-cochrane>) as a supporter. If you already have a Cochrane Account, skip this step. You may do this anytime at your convenience.

Step 2: **Register to join the Ultimate Research Day Challenge.** You will then receive an email from Cochrane Classmate asking you to join the challenge. If you have any problems registering, please contact Dr Leong Foo Weng (fwleong@rcsiucd.edu.my) or me. In the email, please provide your contact number in the email for further communication.

Step 3: On Challenge Days **16 August 2022 (0000hrs) till 18 August 2022 (2359hrs)**, log in to Cochrane Crowd using your Cochrane Account and start screening. You may log in and out multiple times during this period to screen. After 18 August's 2359hrs, the challenge will end and any screening you do will no longer be counted for the challenge.

Step 4: Attend Research Day 2022 to find out if you are one of the top 3 screeners.

Come on, join in the fun!

Dr Foong Wai Cheng

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